

Interview talking points and synopsis

Shadow Tech - Cracking the Codes of Personal and Collective Darkness

A Book by Colin E. Davis and Melissa Mari Shadowtechbook.com

We're sure that an organic conversation will unfold that naturally supports the host and audience, but the following concepts are key features of our work. This is a deep and difficult subject but we strive to make it clear and organized for the listener. Feel free to explore anything with us openly. We are transparent and can bridge many domains.

21st Century Alchemy

Our work is essentially spiritual alchemy, which is the process of inner transmutation. The primary focus of our book *Shadow Tech*, is the subject of human darkness, sometimes called the *shadow*. We are developing an up to date model of the destructive mechanisms in the human psyche and culture as a work of holistic synthesis. We overlay alchemical principles, psychology, biology, cosmology, philosophy, myth and other domains to grasp as fully as possible the nature of destruction in the human being, culture and the cosmos.

The information we share is the result of realizations that came as a consequence of deep inner investigations together. We checked our findings against known understandings in many domains, and found frequent resonances, but the nature of this work is both scientific and artistic. After some time, we realized that what we were engaged in was Alchemy. We later came to understand that Alchemy is an archetypal pattern of evolution that unfolds naturally to the inner seeker when they summon the magician archetype through their focused intent to know and evolve the Self. As we discovered, a powerful trigger for the alchemical process to begin is one's confrontation with their own shadow.

Duality as the master meta-program

To better understand human darkness, we should recognize that destruction is an energetic potential that is linked to all creation. This is why the Taoist Yin-Yang symbol is equally white and black. All life and evolution is intimately tied to destruction, which we often fail to recognize. It appears that destruction has a passive and active potential which we refer to as Entropy and Destructive Agency (The Virus).

The Shadow

The *shadow* is a term used in psychology to describe repressed, and therefore destructive, unconscious drives. Like the Swiss psychologist C.G. Jung, the

authors also believe that the shadow is not just a personal realm, but is a collective domain of shared energetics. We completely agree with the Jungian definition of the shadow but then we work to form an updated 21st century understanding with new maps and models added.

As Above, So Below

In alchemical philosophy, a primary maxim is *As above, So below*. This concept helps us to understand the relationship between different systems in nature. When we apply *As above, So below* to the subject of the mind or psyche, we may see it as an informational operating system and as a biological ecosystem equally. We may find that our internal and cultural destructiveness can also be seen in these terms. Our active, collective shadows have properties similar to biological parasites and viruses as well as *malicious scripts* in computer systems. Our shadow programming is viral in nature.

Just as the reality of biological pathogens was unknown to mankind just 200 years ago, the realm of mental and cultural viruses is only now beginning to appear. C.G. Jung developed the concept of the shadow deeply, but its relation to parasitic and viral processes is new. This modern understanding of collective shadow energetics is also discussed by authors Paul Levy as *Wetiko* and by spiritual teacher Eckhart Tolle as the *Pain Body*. Ancient understandings of demons and Djinnns may be prior models of the same phenomenon. The dark side of the universe is actively involved in the human mind and culture. We can map it out like any phenomenon – with care. It reacts when tampered with.

Cultural Parasitism

The authors have deeply studied true high-level conspiracies such as false-flag terrorism, systemic financial fraud and the like. In our view, these are essentially parasitic and viral operations of the culture. They originate in the collective psyche. They are the effects of our metastasizing shadows which we still do not recognize. It is essential to understand cultural parasitism such as false flag terrorism, but equally essential to understand its correlate in our own minds. Not only is our culture a breeding ground for shadow energetics, but our civilization is based on a stage of human consciousness which is itself parasitic in nature. In many ways, our lives inwardly and externally are parasitic to ourselves, others and nature. To clean and clear our psyches is to move into a more heart based consciousness, which is healing to the culture and which resists psychic and cultural parasitism naturally.

The Victim-Victor cycle

The Victim-Victor cycle is the destructive, addictive feeding cycle of our parasitic shadows. It is caused by deeply repressed and denied psychic material, especially psychological trauma. Our shadow programs, or *Pain Bodies*, are living energetic processes of the mind that feed on destructive inner states. They are often formed out of intergenerational trauma and abuse. They grow over the course of our lives if not healed. Addictions are only one form of this effect.

We are attracted to others who carry similar shadow profiles to our own. Together we feed our psychic parasites through conflict, which we cannot pull ourselves away from. We become addicted to the electro-chemical states of conflict that live in our mind-bodies. As a people, we cannot stop the wars and cultural conflicts because they are the feeding cycles of our collective psychic shadows that we still do not recognize as real. All cyclical conflict in relationship and culture is related to unconscious shadow energetics. By recognizing the Victim-Victor cycle in our own relationships, we can transform them into alchemical vessels for healing. Theoretically, large scale cultural disputes can be healed over time by understanding this cycle and by clearing the destructive emotional energy that is feeding the cycles.

Alchemy is an archetypal formula for spiritual evolution

Comparative mythologist Joseph Campbell noticed that all cultures share similarities in their myths, including a master story he called The Hero's Journey. In the West, The Grail Myth exemplifies this story, as well as modern stories such as The Wizard of Oz, Star Wars and The Matrix. Alchemy, which is the esoteric tradition of enlightenment in the West, is the same formula. It begins with a journey into darkness (Negrito) where we confront the dragon, demons or adversaries that hold our spiritual treasure.

In Alchemy, we work with the *Prima Materia*, which is the base element to be transformed. In the case of inner work, the Prima Materia can be seen as the shadow or the corrupted mind or psyche. The alchemist subjects themselves to various awareness and clearing practices (and often ritual) to separate out the impurities, refine their inner state and reach their highest potential. The eventual result is *Alchemical Gold* or the *Philosopher's Stone*, which are metaphors for spiritual perfection or enlightenment.

Heal and transform ourselves to heal and transform the world

The authors believe that the most effective means of cultural evolution is personal spiritual work – but only if it's effective. Because culture is the collective ecosystem of mind, individual spiritual work is the most powerful

method of assisting the world. And because we have such a large collective shadow, individual shadow work is an essential step. When the nature of the destructive mechanisms of the mind are understood, targeting viral patterns with focused awareness and emotional clearing practices results in effective transmutation. Physical disease, chronic pain and addictions are also linked to our parasitic programs of the mind. Awareness of these processes and continual maintenance thwarts their progress.

The authors have deeply transformed their lives through this work, which is still in progress. We would be happy to share in detail the specific practices that have helped us transmute destructive energies. Some practices are our own, some were developed by others which we adapted for our uses.

Living in the Movie

Ultimately it's all a story, a dream, a collective movie that we each call life. When we are merely moviegoers, we are subjected to the movie, including any dark and destructive scenes that we cannot control. But when we get into the director's seat, and learn to watch the movie from an objective and holistic perspective, our ability to change our reality deepens exponentially. We will have to learn the skills of a moviemaker (alchemist) and the principles of movie construction, but when we do, we gain control over the story and learn to construct its elements towards our highest artistic purposes. Becoming a director of the movie of life is not a crash course; it's a difficult art to master. We can expect the same difficulties that every hero faces - and the same successes.

As Joseph Campbell reminded us:

"We have not even to risk the adventure alone for the heroes of all time have gone before us. The labyrinth is thoroughly known. We have only to follow the thread of the hero path. And where we had thought to find an abomination we shall find a God. And where we had thought to slay another we shall slay ourselves. Where we had thought to travel outwards we shall come to the center of our own existence. And where we had thought to be alone we shall be with all the world."